

## WHAT CAN YOU **EXPECT FROM US?**

- Free and confidential service
- Respectful, non-judgemental staff
- A worker who will explain your rights to you
- You decide what you want to talk about
- You can stop attending when you want and come back at a later time if you choose.



## THERAPEUTIC **YOUTH SERVICES**

Open Monday – Friday  
9am to 5pm

3rd Floor, 10 Pitt Street, Adelaide SA 5000

P 8202 5060 (Adelaide Metro)

P 8725 4383 (Mt Gambier)

F 8410 5785

E [youthservices@unitingcommunities.org](mailto:youthservices@unitingcommunities.org)



Therapeutic Youth Services are proudly supported by the Australian Government's Department of Families, Housing, Community Services and Indigenous Affairs and the Government of South Australia.

Information correct at time of print (September 2012).



## **THERAPEUTIC YOUTH SERVICES**

FAMILY COUNSELLING ▪ MEDIATION  
SA COUNSELLING (SEXUAL ASSAULT)



## WHAT DOES **THERAPEUTIC YOUTH SERVICES** DO?

### Therapeutic Youth Services provides:

#### Family counselling – 10 to 21 years

Our service enables young people and their families to talk about their relationships. Often this includes arguments that lead to strong emotions, young people leaving home or violence. We work with any type of family to help them have positive, safe and caring relationships.

#### SA (sexual assault) counselling – 12 to 25 years

Our service helps young people deal with the effects of violence or unwanted sexual activity of any kind. The effects we help with include fear, thinking about suicide or hurting yourself, relationship hassles or problematic use of drugs or alcohol.

#### Mediation – 10 to 21 years

The service helps families find solutions to particular issues or disagreements over a small number of appointments.

#### Salisbury Reconnect – 12 to 18 years

Our service works with young people and their families to ensure the young person has access to safe, stable accommodation and is involved in education, employment and their community.

## WHO DOES **THERAPEUTIC YOUTH SERVICES** WORK WITH?

Therapeutic Youth Services works in lots of different ways depending upon the situation and what the clients are comfortable with.

This means that we can work:

- with a young person by themselves
- with 1 or more family member/s of the young person
- with the young person and the family members together.

If you give us a call we can talk about your situation and what would work best for you.

## HOW TO **CONTACT US**

- You can phone us on 8202 5060 (Adelaide Metro) 8725 4383 (Mt Gambier)
- You can come in and ask to speak to one of our counsellors
- You can have someone else ring up for you
- You can ask someone such as a worker or a friend to come in with you.

We see people at a range of locations across Adelaide and the suburbs. You can see us on the 3rd floor, 10 Pitt Street, Adelaide or we can discuss an option that suits you better.



### Contact details:

3rd floor, 10 Pitt Street, Adelaide

P 8202 5060 (Adelaide Metro)

P 8725 4383 (Mt Gambier)